

About... in Nuneaton, Bedworth and North Warwickshire  
Resource Cafes and Rural Resources

## Who are we?

Friendship Care and Housing help people live fuller lives.

Our homes and support meet individual needs and create better neighbourhoods to live in.

**NHS**

Warwickshire



For a different language or format, please contact us.

如果您需要其他语言或格式的帮助，请联系我们

В случае необходимости получить информацию на другом языке или в другом формате просим связаться с нами.

Pour tout autre langue ou format, veuillez nous contacter

بۆ ھەر زمانىكى تر يان ھەر شىئوزىكى تر، تىكايە پەيوەندىيىمان بىئۆھ بىكە

विसे वी वर वर नं तुप लरी विरवा वरवे साडे ठाल मपवव वते।

Haddii loo baahdo luqad kale ama qaab kale loo sameeyo, fadlan nala soo xiriir

অন্য ভাষা অথবা তর্জমার জন্য আমাদের সঙ্গে যোগাযোগ করুন

لأى لغة أو صيغة أخرى برجاء الاتصال بنا

کسی دیگر زبان یا شکل کے لیے برائے مہربانی ہم سے رابطہ کیجیے

### Central Services Office

50 Newhall Hill, Birmingham B1 3JN

Tel: 0121 506 2800 Fax: 0121 236 9953

Minicom: 0121 753 1565

e-mail: [enquiries@fch.org.uk](mailto:enquiries@fch.org.uk)

[www.fch.org.uk](http://www.fch.org.uk)



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Friendship Care and Housing offers a variety of support and advice on matters such as mental health related issues, drug misuse and leisure activities. We also help in signposting to a variety of services and agencies in your area.

## *Help, Support and Signposting*

- ▲ Mental health services;
- ▲ Domestic violence services;
- ▲ Social activities, meet like-minded people;
- ▲ Drugs and Alcohol services;
- ▲ Health and well-being;
- ▲ Voluntary opportunities.

## **Resource Cafes**

Call in anytime at any of our wellbeing stations. Refreshments are provided at all our Resources Cafes.

### *Queens Road Wellbeing Station*

183 Queens Road, Nuneaton CV11 5NB • Tel: **024 76 350198**

Mon: 12.30pm-2.30pm      Fri: 6.00pm-8.00pm  
Tues: 6.00pm-8.00pm      Sat: 9.30am-11.30am  
Wed: 3.00pm-5.00pm      Sun: 12.30pm-2.30pm  
Thurs: 12.30pm-2.30pm

**Women's Only session on Friday 10.00am - 12.00pm**

### *Bedworth Wellbeing Station*

97 Leicester Road, Bedworth CV12 8AH • Tel: **024 76 317125**

Mon: 3.00pm-5.00pm      Fri: 3.30pm-5.30pm  
Tues: 3.30pm-5.30pm      Sat: 3.00pm-5.00pm  
Wed: 9.30am-11.30am      Sun: 9.30am-11.30am  
Thurs: 3.00pm-5.00pm

## *Circles Network*

North Street, Atherstone CV9 1JN • Tel: **01827 715362**

Mon: 9.30am-11.30am

Thurs: 9.30pm-11.30am

## **Rural Resource Services**

### *One Stop NWBC*

The Council House, South Street, Atherstone, Warwickshire CV9 1BD • Tel: **01827 719331**

Fri: 12.30pm-2.30pm

### *PALS*

George Eliot Hospital, Nuneaton, Warwickshire CV10 7DJ • Tel: **024 76 351 351**

Wed: 12.30pm-2.30pm

**PALS (Patient Advice and Liaison Services)**  
freephone **0800 0407194**

### *Dobbies Garden Centre*

Nuneaton Road, Mancetter CV9 1RF • Tel: **024 76 350198**

Tues: 12.30pm-2.30pm