

About... our mental health support services

How do I apply?

Individuals are welcome to contact us directly, or may be referred to us by friends, family, advocates, or other agencies such as housing teams, social or health services. To find out more, please call us for an informal chat on

0121 506 2836

or e-mail

enquiries@fch.org.uk

We're looking forward to hearing from you.

For a different language or format, please contact us.

如果您需要其他语言或格式的帮助，请联系我们

В случае необходимости получить и формацию на другом языке или в другом формате просим связаться с нами.

Pour tout autre langue ou format, veuillez nous contacter

بۆ ھەر زمانىكى تر يان ھەر شيوازيكى تر، تىكايه پەيوەندىيىمان پىنۇه بىكە

बिसै ही ठेर ब्राम्हा नां तृप लछी बिरपुा बरवे सांछे ठास संपरब बरै।

Haddii loo baahdo luqad kale ama qaab kale loo sameeyo, fadlan nala soo xiriir

অন্য ভাষা অথবা তর্জমার জন্য আমাদের সঙ্গে যোগাযোগ করুন

لأى لغة أو صيغة أخرى براءة الاتصال بنا

کسی دیگر زبان یا شکل کے لیے برائے مہربانی ہم سے رابطہ کیجیے

Friendship Care and Housing

50 Newhall Hill, Birmingham, B1 3JN

Tel: 0121 506 2800 Fax: 0121 236 9953

Minicom: 0121 753 1565

e-mail: enquiries@fch.org.uk

www.fch.org.uk



About... our mental health support services

Who are we?

Friendship Care and Housing have been providing care, housing and related support in Birmingham for more than fifty years. Our Supporting People services are carefully designed to enable people to live as independently as possible.

We work constantly to improve our services by involving our customers in decision-making. Our training programmes ensure our staff are highly-skilled and up-to-date with the latest best practice, and we are an accredited Investor in People.

Who do we support?

We provide tenancy-related support to people who live in our supported housing schemes and to people who live independently in the community.

The service is free for people who get housing benefit. People who do not get housing benefit, but who have a low income or are home owners may also be able to use our services for free – please talk to us to find out how.

Our service is available across Birmingham. We also operate similar services in Warwickshire.

How long does it last?

Support is available as long as it is needed.

Service users develop their own individual written support plans with our staff.

The plans are structured to help them achieve their aims. They set out what support they receive and how, and when, they will receive it.

Support plans are reviewed and updated regularly.

What do we do?

We support people to develop skills to live independently and maintain their tenancies.

Our support time and recovery (STR) workers can help with everyday living skills as well as other matters such as:

- ▲ housing issues;
- ▲ budgeting and managing debt;
- ▲ benefit claims;
- ▲ neighbour problems;
- ▲ moving home;
- ▲ safety and security at home;
- ▲ repairs and maintenance; and
- ▲ applying for jobs, training and education.

We can also work with other agencies to help service users seek support with personal issues such as drugs and alcohol problems, domestic violence and ill-health.

0121 506 2836
enquiries@fch.org.uk

About... our mental health support services