

About... Carer's Support Service - South Birmingham



How do I apply?

Individuals are welcome to contact us direct or may be referred to the Carer's Service by friends, family, GP, Community Psychiatric Nurse, Social Worker, any other agency, support worker or anyone else you trust.

To find out more contact us for an informal chat on (0121) 506 2821 or email us at enquiries@fch.org.uk

For a different language or format, please contact us.

如果您需要其他语言或格式的帮助，请联系我们

В случае необходимости получить информацию на другом языке или в другом формате просим связаться с нами.

Pour tout autre langue ou format, veuillez nous contacter

ہو ہر زمانیکی تر بیان ہر شیوازیکی تر ، تکایہ بہیوہندییمان ہینوہ بکہ

विसे ही वर ब्रामा नां वुप लयी विरथा वरवे सञ्जे नाल संपरव वरवे।

Haddii loo baahdo luqad kaleama qaab kale loo sameeyo, fadlan nala soo xiriir

অন্য ভাষা অথবা তর্জমার জন্য আমাদের সঙ্গে যোগাযোগ করুন

لأى لغة أو صيغة أخرى برجاء الاتصال بنا

کسی دیگر زبان یا شکل کے لیے برائے مہربانی ہم سے رابطہ کیجیے

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About... Carer's Support Service - South Birmingham

Who are we?

Friendship Care and Housing have been providing care, housing and related support in Birmingham for more than fifty years. Our Supporting People services are carefully designed to enable people to live as independently as possible. We work constantly to improve our services by involving our customers in decision-making. Our training programmes ensure our staff are highly-skilled and up-to-date with the latest best practice, and we are an accredited Investor in People.

South Birmingham Carer's Service

We provide free support, information and advice to people who care for family members or others who are aged 18 and over, recovering from mental health problems and who live in South Birmingham. We work closely with the Birmingham Primary Care Trust to provide practical assistance that really makes a difference. Our support workers can help with a range of issues such as:

- ▲ a Carer's assessment;
- ▲ a Carer's plan;
- ▲ Carer's support groups;
- ▲ respite;
- ▲ housing issues;
- ▲ training and employment ;
- ▲ benefit check;
- ▲ grants towards holidays/personal development;
- ▲ your own health and wellbeing;
- ▲ emotional support and befriending and much more.

If you:

- ▲ are having difficulty in accessing the right support for the person that you care for;

- ▲ you want more information about the nature of the illness affecting the person you care for and how best to support them;
- ▲ you need information about your entitlements as a carer;
- ▲ you just need someone sympathetic to talk to about any concerns or worries relating to being a carer.

Then give us a call!

South Birmingham Carer's Service STR Worker

When you contact the Carer's Service we will arrange for you to have a Carer's Assessment to help identify your concerns and what kind of support would help you most. Our Carer's can refer the person that you support to the Support Time Recovery Worker (STR) attached to the Carer's Support Team. The STR worker can provide one-to-one support to the person that you support to help develop their independence and make full use of community based social, leisure, educational, training and employment opportunities, helping them to live a fuller life and helping to relieve you of some of your worries and concerns.

The service is available for an initial 12 weeks when the circumstances will be reviewed to see if a further service is needed.